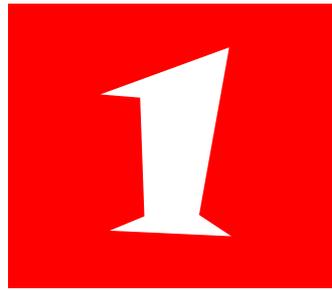


# Memory matters

Strategies to develop memory  
skills explicitly and improve  
learners' retention



Pronunciation



Sentence-building



Memory



Autonomy



Performance



Creativity



Essentials



Everlasting



A memory  
assembly



A memory  
lesson



A homework



Collective  
memory



Visual



Auditory



Kinaesthetic

# A few things we know about the brain!

## How to activate the brain

(Reticular Activating System – ‘new car syndrome’)

## The magic number 7

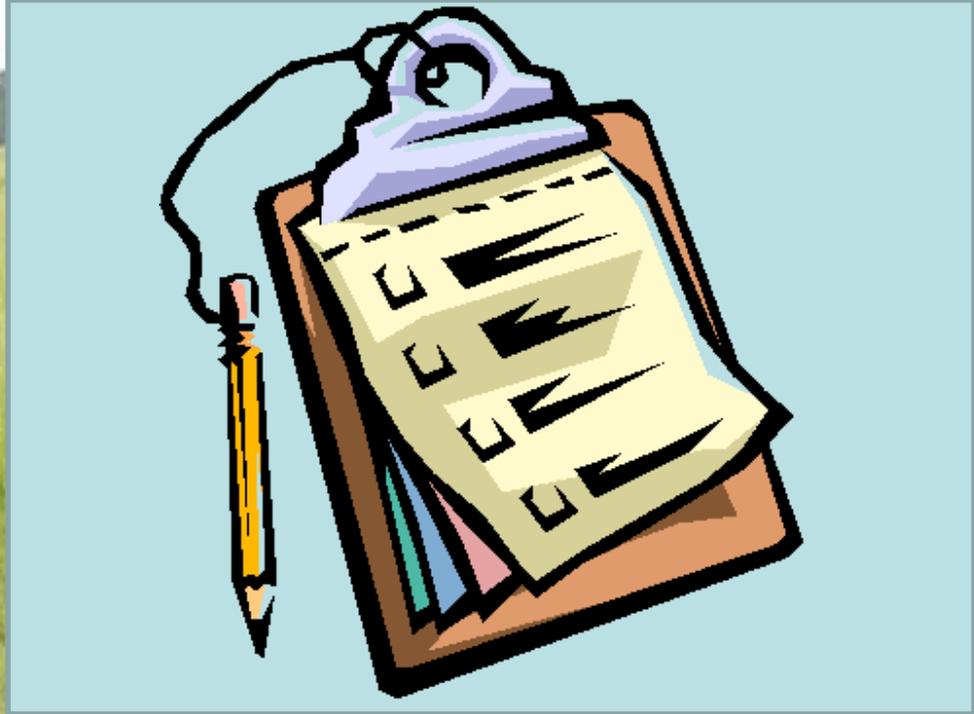
– a tale from Sweden!

## The value of humour

## Primacy and recency effect

## Your natural limits (ACS = age +/- 2 mins)





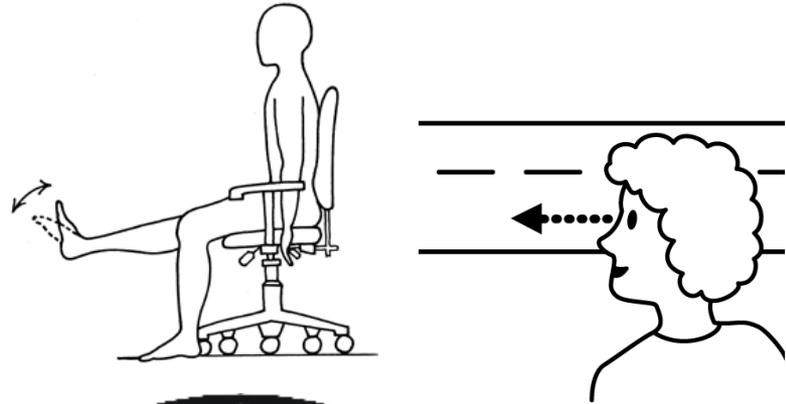
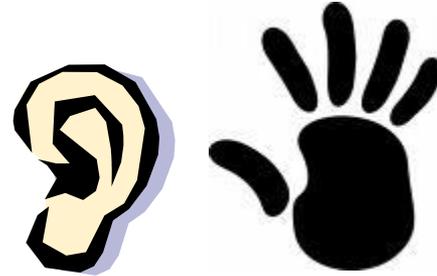
# E verlasting



- Effectively using memory skills
- Developing learning styles
- Revising (well)
- Self-evaluating
- Transferring skills
- Developing personal study skills

# And again!

- touch your left ear with your right hand
- cross your right leg over your left leg
- look at the person on your left
- say the numbers 357986421.



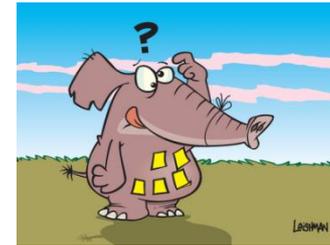
**357986421**



Doing something actively whilst try to take in new information and then keep it there is widely thought to be much more effective that listening on its own. This additional activity serves as a ‘fixing agent’ and we have a higher chance of remembering the information .

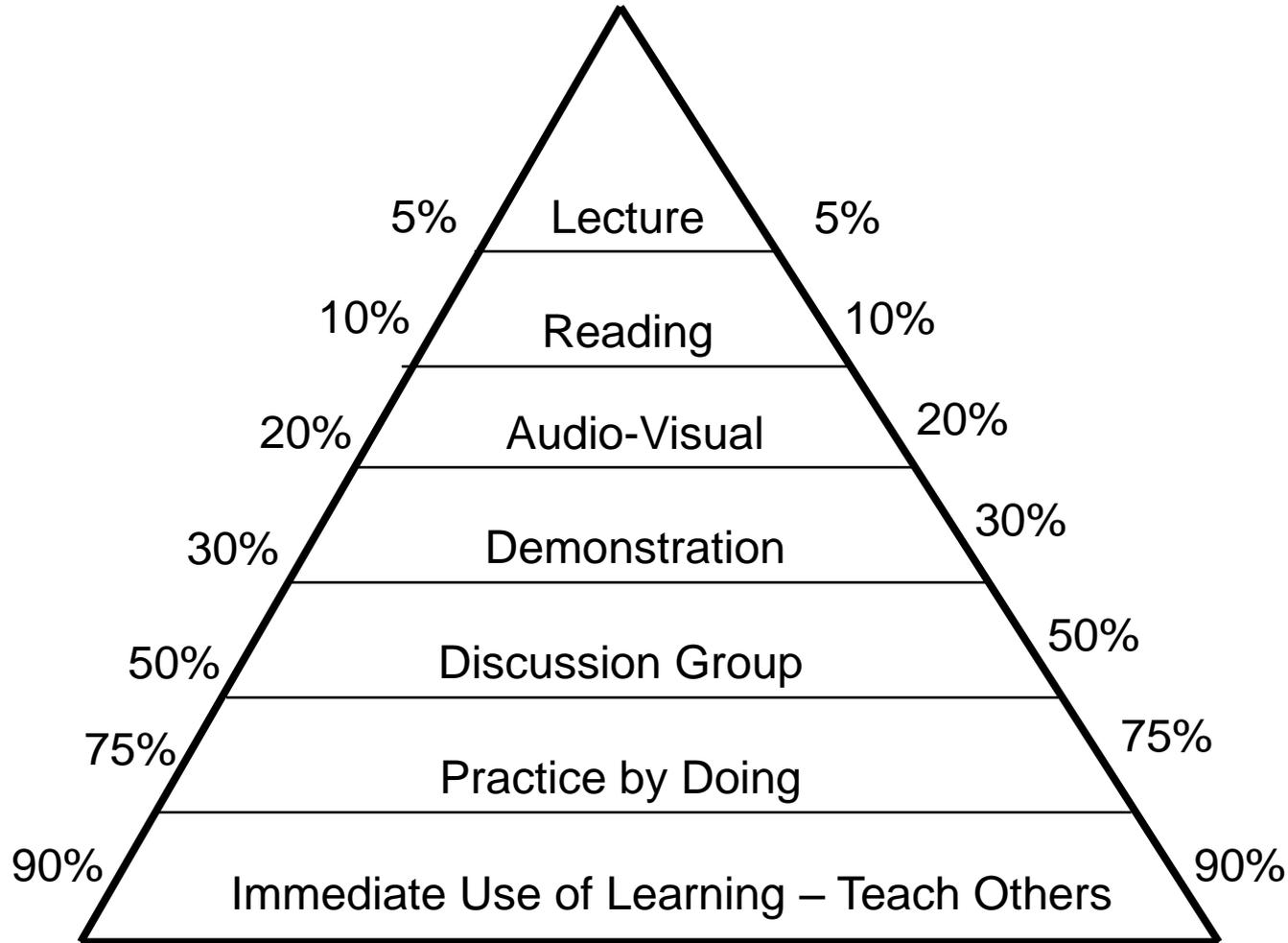
This could be:

1. Taking notes of key words
2. Organising the material by finding patterns
3. Putting the key pieces of information into a story
4. Repeating the key words in a distinctive way to yourself
5. Making anagrams yourself of the key words and making yourself work them out again
6. Responding to key information with a gesture

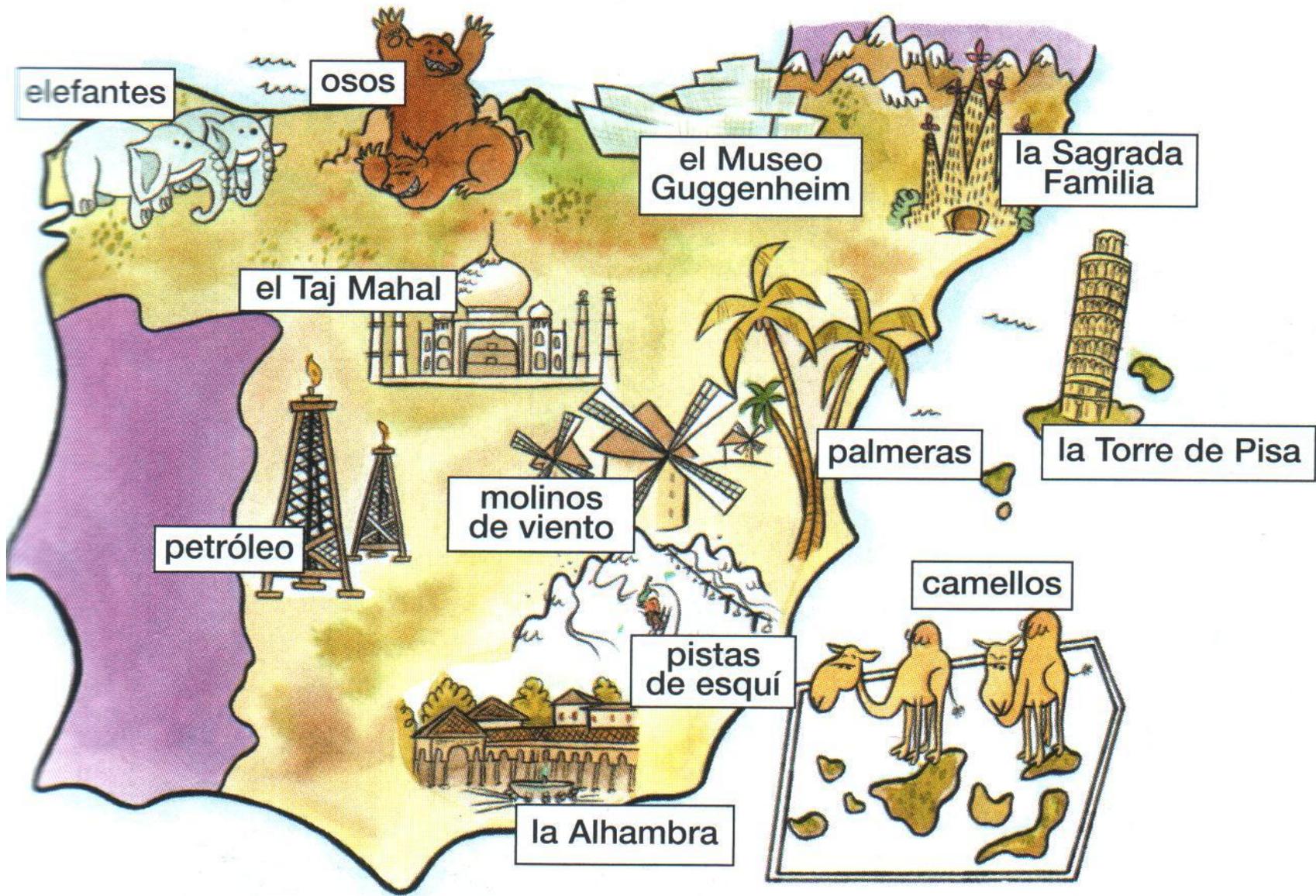


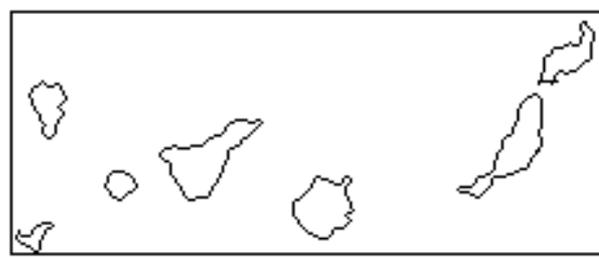
The **KEY** is **ELABORATION** – making your brain work the knowledge – training the memory muscle

# Homework ideas



***Average Retention Rate***





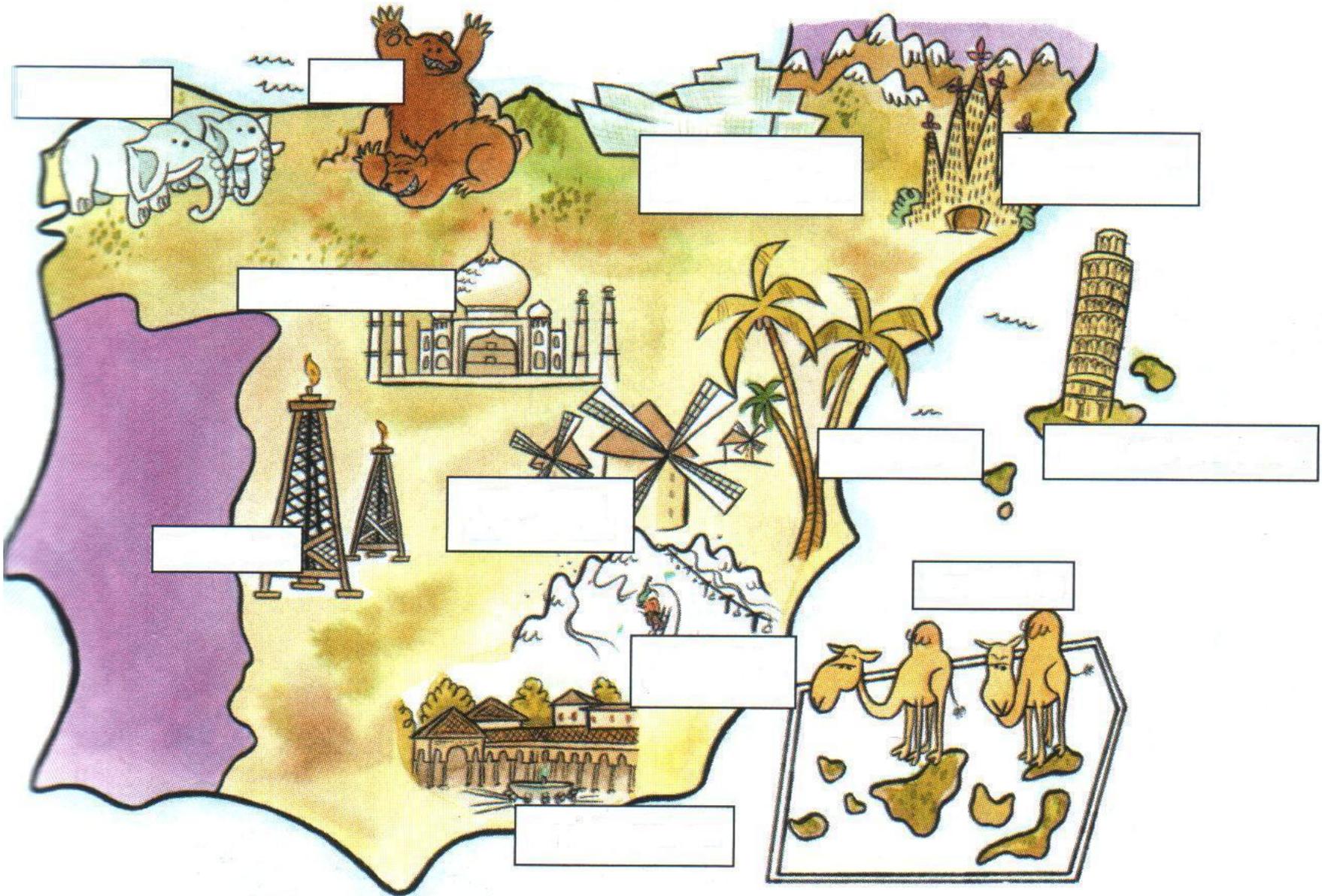
## Reflection Sheet

<b>Skill</b>	<b>This means:</b>	<b>Did you use this today?</b>	<b>Give an example:</b>
Identification of vocabulary	Finding out the meanings of words		
Memory	Working out ways to store information in your mind and retrieve it again		
Planning and adapting a strategy	Deciding how to do a task but perhaps changing your plan if necessary half way through		
Noticing	Looking really hard to try to see all the relevant details		

**Q1 What did you do to get the most out of your memory in this task?**

**Q2 How effective were these strategies? What do you think is worth trying again in different situations?**

**Q3 Choose one skill from the 4 above and write down how it might be useful in other subjects OR at home**





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